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His complete recipe book contains recipes for over 100 easy and delicious juices and smoothies to help you lose weight, get healthy and feel fantastic. Jason Vale, the inspirational king of juice detoxing and the man who helped Jordan lose 2 stone in 3 months, has compiled his definitive selection of over 100 simple

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Juice Master Keeping It Simple: Over 100 Delicious Juices

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Juice Master is the No. 1 website for Juicing and Blending. The site includes FREE juice and smoothie recipes, guides on juicer and juice diets.

Juice Master - Juicing Recipes, Advice and Juice Diets

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The Juice Master Juice Yourself Slim: The Healthy Way To Lose Weight Without Dieting. London: Harper Thorsons. p. 304 pages. ISBN 978-0-00-726714-9. Vale, Jason (2008). The Juice Master Keeping It Simple: Over 100 Delicious Juices and Smoothies. London: Harper Thorsons. p. 304 pages. ISBN 978-0-00-726714-9. Vale, Jason (2011).

Jason Vale - Wikipedia

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